

CFG RESIDENCY OUTREACH RESOURCE LIBRARY

**JANUARY 2021** 



CARMELYN VEDAR
RESIDENCY OUTREACH MANAGER
CFG HEALTH NETWORK

"SCHENECTADY" IS ACTUALLY DERIVED FROM THE MOHAWK WORD SKAHNÉHTATI, MEANING "BEYOND THE PINES."

## By Carmelyn Vedar

Schenectady – if you've never been or never heard of Schenectady, NY, the name is a little intimidating. And let's be honest, it can be a little difficult to pronounce too. "Schenectady" is actually derived from the Mohawk word *skahnéhtati*, meaning "beyond the pines". Schenectady was founded on the south side of the Mohawk River by Dutch colonists in the 17th century, many of whom were from the Albany area. Albany, New York's state capital, is actually only about 15 miles away.

## "ALSO IN SCHENECTADY IS A GREAT PLACE TO WORK - SCHENECTADY COUNTY JAIL. I'M SURE YOU NEVER THOUGHT THAT WORKING IN A JAIL COULD BE SO REWARDING. WORKING IN CORRECTIONAL MEDICINE IS VERY UNIQUE."

Also in Schenectady is a great place to work - Schenectady County Jail. I'm sure you never thought that working in a jail could be so rewarding. Working in correctional medicine is very unique. Clinicians get the opportunity to give back to an underserved population while ensuring they receive a high standard quality of care. Many patients are extremely grateful as in some cases, it may have been some time since they received medical, dental, or mental health care. You become a positive influence and by treating them, you've improved their standard of living. Working in a jail setting also provides autonomy. In most, if not all cases, you are not dealing with the headaches of insurance, billing, obtaining privileges, and referrals. You are free to practice medicine.

If you are curious about this type of work environment or have questions about safety, specialties provided, or the team that supports you, please reach out. We would be happy to put you in touch with the Health Services Administrator or our Regional Director for more insight or perhaps a tour of the medical office.

If you are like most physicians that feel overwhelmed with work schedules, trying to keep up with patient volume, or worrying about administrative issues, consider correctional medicine. You'll find a good work-life balance while still receiving competitive pay without a lot of the outside/extra worries.

Outside of work, the community has some great attractions like Proctor's Theater, Central Park Rose Garden, Rivers Casino and Resort, and some great Farmer's Markets. For more information on the job opportunities available at Schenectady County Jail, please click here: <a href="https://delivr.com/2mhmx">https://delivr.com/2mhmx</a>

Carmelyn Vedar
Residency Outreach Manager
CFG Health Network
Cell: 215-681-5280
cvedar@cfgpc.com
www.cfghealthnetwork.com





## Follow us!





